 

**Dewsbury Ambulance Charities**

**Cycle Ride 2018**

**Sunday 29th July 2018**

* Dewsbury Hospital to Bridligton Harbour (76 miles) Start 0800hrs.
* Back up vehicles and refreshment stops en-route.
* Gels and route maps provided.
* Return journey on Coach (Lyles).
* Bicycles can also be returned on back-up Truck.
* Sponsored riders who raise more than £30 free entry.
* Non sponsored entry fee £30.
* Shower and changing facilites at Bridlington.
* Pre registration essential (All forms @ http://dewsambcharities.org.uk).
* ALL MONIES RAISED WILL GO DIRECTLY TO THE DAC (for more information visit dewsambcharities.org.uk).
* Check out the route Strava- <https://www.strava.com/routes/13228777>

For more information see DAC web page or email c.fothers@googlemail.com

Facebook- <https://www.facebook.com/events/2061552050797205/>