

Dewsbury Ambulance Bridlington Charity Cycle
Sunday 20th August 2017

1. From the ambulance station travel into **Healds Road** and **turn left** to its junction with **Halifax Road**. Then **turn left** and immediately **right** into **Town Street**. Continue to the bottom of **Town Street** and at the traffic lights **turn left** towards **Batley**. Continue passing the new gym (**old Frontier Night Club**) and then **turn next right**. Continue to the roundabout and take the **2nd exit towards Wakefield and Shaw Cross**. Continue to the traffic lights.
2. **Turn left** at the traffic lights towards **Leeds** on the **A653**. Continue on this road to the **Tingley** roundabout.
3. **Turn right** at the roundabout onto the **A650** for **Wakefield (6miles)**.
4. Continue on the **A650** for about **500 yards** and then **turn left** at the traffic lights onto the **A654** for **Rothwell**.
5. Continue on the **A654** passing the **Falconers Pub**. Approx **1 mile** after the pub, just after a sharp right-hand bend, **turn left** still on the **A654** for **Rothwell**.
6. Continue on the **A654** passing through **Rothwell** and onto **Oulton** roundabout. At the roundabout take **the 2nd exit A642** for **Garforth**.
7. Continue on the **A642** into **Swillington** and **immediately** before the garden centre **turn right** for **Long Preston**. Continue to the end of this road and at **'T' junction turn right** for **Great Preston** and **Kippax**.
8. Continue for approx **1 mile** into **Long Preston** then take the **left turn** for **Kippax**. Continue into **Kippax** and at **mini roundabout turn right**. Continue through **Kippax** town centre and **straight on through traffic lights** crossing the **A656** towards **Ledsham**. Approx 1 mile after traffic lights take **the left turn** for **Ledsham**. Continue through **Ledsham** to **A1** roundabout. Go **straight on** at the roundabout on the **A63** for **Selby**. Continue on the **A63** towards **Selby** passing through **Monk Fryston, Hambleton and Thrope Willoughby** and then towards **Selby (30miles)**.
9. Continue on the **A63**, by passing **Selby** and heading towards **Hull**. After about **1 mile** at the roundabout take the **A19** towards **York**. Continue on **A19** for approx **2miles** then take **the right turn** onto the **A163** for **Duffield**.
10. Continue on the **A163** to its end passing through **North Duffield, Bubwith, Harlthorpe, Foggathorpe and Holme Upon Spalding Moor**. At the end in **Holme Upon Spalding Moor turn left** onto the **A614** for **Bridlington (43miles)**.
11. Continue on the **A614** to **Bridlington** passing through **Middleton On the Wolds, Kirkburn, Driffield, Burton Agnes, Carnaby** and then onto the **Harbour (76miles)**.

EMERGENCY CONTACT NUMBERS

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