

DEWSBURY AMBULANCE CHARITY CYCLE RIDE

Sunday 21st August 2016

1. From the ambulance station travel into **Healds Road** and turn left to its junction with **Halifax Road**. Then turn left and immediately right into **Town Street**. Continue to the bottom of **Town Street** and at the traffic lights turn left towards **Batley**. Continue passing the **Frontier Night Club** and then turn next right. Continue to the roundabout and take the second exit towards **Wakefield and Shaw Cross**. Continue to the traffic lights.
2. Turn left at the traffic lights towards Leeds on the **A653**. Continue on this road to the **TINGLEY** roundabout.
3. **Turn right** at the roundabout onto the **A650** for **WAKEFIELD (6miles)**.
4. Continue on the **A650** for about 500 yards and then **turn left** at the traffic lights onto the **A654** for **ROTHWELL**.
5. Continue on the **A654** passing the **Falconers pub**. Approx 1 mile after the pub, just after a sharp right hand bend, **turn left** still on the **A654** for **ROTHWELL**.
6. Continue on the **A654** passing through **ROTHWELL** and onto **OULTON** roundabout. At the roundabout take **the 2nd exit A642** for **GARFORTH**.
7. Continue on the **A642** passing through **SWILLINGTON** and onto the **GARFORTH** roundabout, by the **HILTON NATIONAL HOTEL (15 miles)**.
8. At the roundabout take the **3rd exit A63** for **SELBY**. Continue on the **A63** and at the next **roundabout continue straight on**, still on the **A63 signposted Selby & A1 South**.
9. Continue on **A63** to the next roundabout. **Turn right** at the roundabout **signposted A1 South**.
10. Continue for **ABOUT 400 YARDS ONLY AND THEN TURN LEFT ONTO B1222** for **SHERBURN**.
11. Continue on **B1222** passing through **SHERBURN, CAWOOD** and then **STILLINGFLEET**.
12. At **STILLINGFLEET** immediately after **THE CROSS KEYS PUB** turn **left** still on the **B1222** for **NABURN**. Continue on **B1222** through **NABURN** and **FULFORD**.
13. At end of **B1222 turn right** onto **A19** and then after **200 yards turn left** onto **A64** for **SCARBOUROUGH**.
14. Continue on **A64** for **2.5 miles then come off at slip road** signposted **A1079** for **HULL, (40 MILES)**. Continue to roundabout and take **3rd exit** signposted **A1079** for **HULL**.
15. Continue on **A 1079 for 8 miles and then turn left on to B1246** signposted **POCKLINGTON** and **BARMBY MOOR**.
16. Continue into **POCKLINGTON**, **then turn right, then first left still on B1246** signposted **DRIFFIELD** and **BRIDLINGTON, (48 MILES)**
17. Continue on **B1246 to its end** passing through **WARTER** and **NORTH DALTON**.
18. At end, at roundabout **B1246** becomes **A614**, signposted **DRIFFIELD** and **BRIDLINGTON, (59 MILES)**.
19. Continue on **A614** passing through **DRIFFIELD (65 MILES)**, **BURTON AGNES** and **CARNABY**.
20. Continue on **A614** to **BRIDLINGTON** and on to the **HARBOUR, (77MILES)**.

EMERGENCY CONTACT

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